



# Jefferson County General Health District

— Prevent. Promote. Protect. —

## Quarterly Newsletter

### Program Updates

#### Community Health Assessment Complete

The 2025 Community Health Assessment (CHA) is now complete and approved by the Jefferson County Board of Health and Trinity Health System Board of Directors. The JCGHD, Trinity Health System, and community partners are working to complete the Community Health Improvement Plan (CHIP) at this time. The CHIP priorities as identified in the CHA will be Mental Health, Substance Use, Access to Care, and Healthy Living. The CHA is available on our website and key findings will be distributed throughout the community in the coming weeks!

#### Sports Physicals

As fall sports approach, it's important to schedule your child's sports physical at the JCGHD or with your healthcare provider. It is recommended to get a sports physical 6 to 8 weeks before the activity or sports season begins. This gives you time to have your child evaluated and the healthcare provider time to treat any issues discovered during the physical. Sports physicals help your child take part in sports as safely as possible. They give parents, healthcare providers, and coaches important information about a young athlete's health. With this information, you can all work together to prevent injuries. Physicals are meant to facilitate and encourage participation, not to exclude athletes from participation.

Sports physicals cost \$20 per student-athlete. Clinics are scheduled on July 7 in Toronto and July 16 in Steubenville. If your school or organization is interested in a mobile clinic, please contact our Nursing Department at 740-283-8530.

**Sports Physicals**

TO SCHEDULE CALL  
740-283-8530

DATE	LOCATION	ADDRESS
07/07/2025	TORONTO	416 CLARK STREET
07/16/2025	STEUBENVILLE	500 MARKET STREET

**\$20**

PLEASE CALL TO INQUIRE ABOUT ADDITIONAL DATES AND MOBILE CLINICS OFFERED FOR INTERESTED TEAMS

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## 2025 Communicable Disease Report

Disease Type	JAN	FEB	MAR	APR	MAY	JUN	TOTAL
Babesiosis	0	0	0	0	1	0	1
Campylobacteriosis	0	0	1	0	0	0	1
Chlamydia	20	20	12	9	13	8	82
COVID-19	125	107	32	13	4	11	292
CP-CRE / CPO	0	0	0	0	1	0	1
Ehrlichiosis-Ehrlichia chaffeensis	0	0	0	0	1	0	1
Giardiasis	0	0	0	1	0	0	1
Gonorrhea	8	4	0	0	1	0	13
Hepatitis B	1	0	1	1	0	0	3
Hepatitis C	5	4	2	7	4	3	25
Influenza-associated hospitalization	22	60	13	1	0	0	96
Legionnaires' disease	0	1	0	0	0	0	1
Lyme disease	2	1	1	5	12	33	54
Pertussis	1	0	0	0	0	0	1
Rocky Mountain Spotted Fever	0	0	0	0	1	0	1
Salmonellosis	0	0	0	0	1	1	2
Shigellosis	0	0	0	0	1	0	1
Streptococcal disease, group A	0	1	0	0	0	1	2
Streptococcus pneumoniae	1	1	1	1	0	1	5
Syphilis	0	0	1	0	0	0	1
<b>TOTAL</b>	<b>185</b>	<b>199</b>	<b>64</b>	<b>38</b>	<b>40</b>	<b>58</b>	<b>584</b>

### Lyme Disease

Lyme disease cases are increasing in Ohio as the blacklegged tick population continues to expand in the state. Thus, encounters with this tick occur more frequently, particularly in the forest habitats preferred by ticks. When ticks bite, they spread bacteria and other germs that can make people sick. Most humans are infected through the bites of immature ticks called nymphs. Nymphs are tiny (less than 2 mm) and difficult to see; they feed during the spring, summer, and even mild fall and winter months. Adult ticks can also transmit Lyme disease bacteria, but they are much larger and are more likely to be discovered and removed before they have had time to transmit the bacteria.

The best way to avoid Lyme disease is to prevent tick bites. EPA-registered insect repellents work to prevent tick bites, and they are safe for use on children. These repellents will contain one of the following active ingredients: DEET, Picaridin, IR3535, Oil of lemon eucalyptus (OLE), Para-menthane-diol (PMD). Also, you should consider spraying your clothes with permethrin. If you find a tick on your body, remove it quickly to reduce the risk of contracting Lyme disease. See a healthcare provider if you get sick as Lyme disease is curable. Early diagnosis and treatment are important in order to avoid further health problems related to Lyme disease.

Source: Ohio Department of Health





## Upcoming Events

### **Harm Reduction Outreach - July 3**

RT 7 Rest Area Irondale: 11 am – 1 pm

### **Harm Reduction Outreach - July 10**

Dillonvale – Mt. Pleasant Library: 10 am – 12 pm

Adena Library: 1 pm – 3 pm

### **Harm Reduction Outreach - July 17**

Brilliant Library: 10 am – 12 pm

Tiltonsville Library: 1pm – 3 pm

### **Harm Reduction Outreach - July 18**

WEBA - Amsterdam Food Pantry: 9 am – 11 am

### **Harm Reduction Outreach – July 24**

Toronto Library: 10 am – 12 pm

Schiappa Library: 1 pm – 3 pm

### **Harm Reduction Outreach – July 31**

Main Library: 12 pm – 2 pm

### **Cycle the City – July 19, August 16, September 20, October 18**

Fort Steuben: 9 am – 10 am

### **Craig A. Petrella Memorial 5k Pump & Run – August 9**

Jim Wood Park: 8:30 am

\$30 registration fee. Proceeds will be used to purchase AEDs

### **Cribs for Kids Stakeholder Meeting – August 11**

Mom's Lunch Break at Sycamore Youth Center: 12 pm – 1pm



Jefferson County Health Commissioner Andrew Henry was recognized by the Jefferson County Department of Job and Family Services at the Taking Steps to End Elder Abuse 5K on June 7, 2025. The award was in recognition for his outstanding contribution to helping promote awareness of elder abuse.



JCGHD Environmental Staff Carla Gampolo and Dave McFarland attended the JB Green Team's Outdoor Land Lab on May 15, 2025. Education on the solid waste program and lead education was provided to local students!



Director of Nursing Kylie Smogonovich and Public Health Nurses Danielle Horn and Kayla Fogle provided water safety education at the Cribs for Kids stakeholder meeting at Aim Women's Center on May 29, 2025.